

# Glossary

**DADS:** Texas Department of Aging and Disability Services  
**TDFPS:** Texas Department of Family and Protective Services  
**CMS:** Centers for Medicare & Medicaid Services  
**HCS:** Home & Community-based Services  
**ICF-MR:** Intermediate Care Facility for Mental Retardation  
**TxHmL:** Texas Home Living Waiver  
**DB-MD:** Deaf-Blind/Multiple Disabilities Waiver  
**LAR:** Legally Authorized Representative  
**MRA:** Mental Retardation Authority  
**IDT:** Inter-Disciplinary Team  
**PDP:** Person-Directed Plan  
**IPC:** Individual Plan of Care  
**LOC:** Level of Care  
**LON:** Level of Need  
**MARS:** Medical Administration Record Sheet  
**CARE:** Client Assignment & Registration System  
**MRRC:** Mental Retardation Related Conditions  
**ICAP:** Inventory for Client/Agency Planning  
**SSI:** Social Supplementary Income  
**CS:** Community Support  
**FC:** Foster Care  
**SL:** Supervised Living  
**RSS:** Residential Service Support  
**SE:** Supported Employment  
**OT:** Occupational Therapy  
**PT:** Physical Therapy  
**AA:** Adaptive Aids

**For additional information, please contact:**

**DAYBREAK**  
P. O. Box 1775  
Burlleson, Texas 76097  
817-447-2700  
1-800-299-5161  
Fax: 817-447-3033

## Texas Home Living Program (TxHmL)

### Explained



## Daybreak Overview

Daybreak Community Services, Inc. was founded in 1997 to provide community-based services to individuals with developmental disabilities. Daybreak is contracted by the Texas Department of Aging and Disability Services (DADS) to provide services through the Home and Community-based and Texas Home Living programs. Additionally, Daybreak is a provider of the Deaf-Blind/Multiple Disabilities services with the DADS. Daybreak provides these Medicaid services in Burlleson, Lubbock, Wichita Falls, Mexia, Amarillo, Fort Worth, Irving, Abilene, Dallas, San Angelo and surrounding areas.

Daybreak is committed to providing innovative supports and community services to people with disabilities. With a solid foundation, Daybreak is able to withstand changes, while continuing to provide environments in which each person may make and achieve goals. This allows each person to experience community life to the fullest.

Jeanne Page, Daybreak CEO, has an extensive history in the development and management of community-based services for individuals with mental retardation in both public and private settings. The management team has an average of over 20 years experience each and a combined 175 years of experience in developing and managing programs for people with disabilities.

Daybreak has developed this plain language handbook to share helpful information about the services we provide with the individuals we serve and their families.

## What is the TxHmL Program?

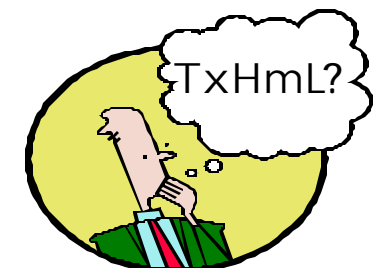
TxHmL stands for the Texas Home Living Program. TxHmL is a **Texas Medicaid program** that will help you live in the community by giving you certain services you may need to stay well and happy.

You must be eligible for ICF-MR services to get TxHmL services. If you are eligible, persons or companies called **TxHmL Providers** are available to provide the services to you in the town you choose. You can choose the provider you wish to give you the services you need. Daybreak is a TxHmL Provider and can give you the services you need.

These services are provided in your own home or your family's home.

TxHmL pays only for certain types of services depending on if you need them or not. The TxHmL services are listed below:

- Community Support
- Day Habilitation
- Employment Assistance
- Supported Employment
- Respite
- Skilled Nursing
- Behavioral Support
- Physical & Occupational Therapy
- Dietary
- Speech & Language Pathology
- Audiology
- Minor Home Modifications
- Adaptive Aids
- Dental Treatment



## TxHmL services can be provided for you as follows:

### COMMUNITY LIVING SUPPORTS:

**Community Support** are services that help you stay in your own home or family home. You or your family can choose when services are needed. Staff can take you places, help you learn new things and help you with medical issues.

**Day Habilitation** provides activities for you during the day. Staff will help you in learning to make friends, assisting with therapies, going places you would like to go, etc.

**Employment Assistance** are services to assist you in finding a job.

**Supported Employment** can be provided by staff to help you keep your job.

**Respite** is provided when you receive Community Support. This service is provided for a short time in your home, a Daybreak group home, or a respite provider's home.

### PROFESSIONAL & TECHNICAL

#### SUPPORT:

**Skilled Nursing** is provided to help you stay healthy. Nurses will talk with doctors, help you understand your medical needs, and make sure all medical needs are met. Your health will be checked by a nurse, as needed.

**Physical Therapy** is provided when a doctor believes direct therapy or adaptive equipment is needed to help you with such things as walking.

**Occupational Therapy** is provided for you when a doctor believes a therapist can help you with adaptive equipment or therapy.

**Dietary** services are provided when you need/want some extra help with losing or gaining weight or need a specialized diet (such as diabetic diet) to help you stay healthy.

**Speech & Language Therapy** is provided when a doctor believes you need help letting others know what you need.

**Audiology** is provided when a doctor believes you need specialized help with your hearing.

**Minor Home Modifications** can be provided when you need a modification to your home to help you continue to live there. Modifications could include installing rails in a bathroom, widening a door for a wheelchair, etc. The modification must be approved by TDMHR and by a therapist and/or doctor before the work is done.

**Adaptive Aids** are provided when a therapist and/or doctor believes that you need a specific item to help you. These items could include multivitamins, gloves, glasses, etc.

**Dental** services are provided so you can see a dentist as needed. This program provides for care costing up to \$1000.00 a year.

**TxHmL Plans of Care** cannot exceed these service component cost limits: The total cost of your services must not be more than \$10,000 per year. **Minor Home Modifications** are limited to a life-time maximum of \$7,500. Once that life-time maximum is reached, \$300 per year may be used for additional modifications or repairs of modifications. **Adaptive Aids** are limited to \$6,000 per year. **Dental Treatment** is limited to \$1,000 per year.

### REFERENCES:

**Daybreak Home Page**  
[www.daybreak-hcs.com](http://www.daybreak-hcs.com)  
1-800-299-5161

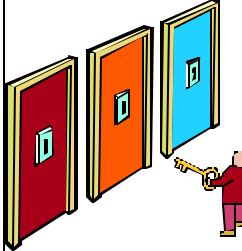
**Texas Dept. of Aging & Disabilities Home Page**  
[www.dads.state.tx.us](http://www.dads.state.tx.us)  
512-206-5700

**TxHmL Program Information Sheet**  
[www.dads.state.tx.us/business/mental\\_retardation/Txhtml/TxHmLdesc.pdf](http://www.dads.state.tx.us/business/mental_retardation/Txhtml/TxHmLdesc.pdf)  
1-800-252-8154

**Private Providers of Texas (PPAT)**  
[www.ppat.com](http://www.ppat.com)  
512-452-8188

**Texas Association on Mental Retardation (TAMR)**  
[www.tamr-web.com](http://www.tamr-web.com)

## Your Enrollment In TxHmL

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- ❑ **Once you become eligible** for the TxHmL program (this is called getting a slot), your local MHMR Center will call you or your family.
  - ❑ **The Local MHMR Center** will give you a list of all the TxHmL providers in your area. You will be able to interview any of the providers you are interested in. You may change providers at anytime after enrollment. If you are on the HCS waiting list, you may remain on that list while you receive TxHmL services.
  - ❑ **When you call Daybreak**, you will be able to set up a meeting to discuss your needs. During the meeting, you and your family will have all your questions answered about being a part of the Daybreak family.
  - ❑ **You will meet** with a Service Coordinator from the local MHMR Center to talk about your life, your wants and needs and to develop a plan to work toward your goals. The Service Coordinator helps you or your family set up a service planning team that will develop a service plan. The team is made up of you, your guardian or family members, and other people you choose. Together, the service planning team selects the TxHmL services that are needed and necessary to reach the outcomes or goals you or your representatives have identified. Your plan will identify services and supports you need from the TxHmL Program and those you may be getting from other people of programs.
  - ❑ **A date will be set for you** to begin services with Daybreak.